

# JANUARY 2024

## MISSION HILLS POST

### PRESIDENT COMMENTS - JANUARY 2024

The previous year was a time of discovering what is important to keep our Mission Hills Condo Association running. Just like running your household, if life is to be good, you must develop a system of control that repeats itself month after month. When you discover a new need or a better way you adjust your system. Associations and organizations are just like that! Whether their goal is to make a profit or to serve a community purpose with donations – there will be a system (good or bad) that they operate in. What I have found is that organizations (or families) that have never identified what is uniquely important to them – tend to struggle.

So, for our Mission Hills family, let's simplify what we feel is essential to our future. As with other condo community presidents that I have spoken with – there must be a new approach to controlling increased costs. A five-member board cannot effectively get their hands around everything that is to be controlled. We need a divide-and-conquer strategy now. This means we will need concerned owners to step up and volunteer in small watch-dog teams in five key areas.

We will be watching over ROOFS, TREES, BUILDING EXTERIORS, LAWN/PLUMBING, and FINANCES. These teams are not to be formal committees with all the requirements of announcements and secretarial duties. Instead, they will be groups of three to five concerned individuals who will become informed and work together to assist the board in financial decision-making. There should not be a controlling leader. Instead, each member will take turns in leading their group – as they make conclusions and suggestions to the board.

This is a must! To meet future challenges we simply must have concerned owners who will work together and serve, not only themselves but their neighbors. Please consider your involvement and step up. If we do this – our Mission Hills family will secure a healthy future!

May God prosper you in 2024,

~ John Emberson ~



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## Keep Your Porch Lights On!

**T**his has been noted in the *Neighborhood Watch* articles by Susan Salesses for over a year now, and yet people are still not turning on their porch lights at night. If you need a dusk to dawn bulb, you can get one from Susan for just \$5. Then just leave the switch in the on position, and your light will come on automatically. Please contact Susan at 727-754-8421, and she will get one to you. *Please keep your porch lights on at night for the safety of our community! Thank you!!* ~ **The MHCA Board of Directors** ★

# MISSION HILLS DIRECTORY

## THE BOARD OF DIRECTORS:

**President:** John (Jack) Emberson \* [mhcadirector.john@gmail.com](mailto:mhcadirector.john@gmail.com) \* 651-324-0121  
**Vice President:** Al Robinson \* [mhcadirector.al@gmail.com](mailto:mhcadirector.al@gmail.com) \* 401-710-2538  
**Treasurer:** Jone Burr \* [mhcadirector.jone@gmail.com](mailto:mhcadirector.jone@gmail.com) \* 727-254-6964  
**Secretary:** Cheryl Acton \* [mhcadirector.seretary@outlook.com](mailto:mhcadirector.seretary@outlook.com) \* 727-641-3094  
**Member-at-Large:** Doug Kuchle \* [mhcadirector.doug@gmail.com](mailto:mhcadirector.doug@gmail.com) \* 727-481-4399  
**Board Blast Email:** [missionhillsboardblast@gmail.com](mailto:missionhillsboardblast@gmail.com)

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## FOR YOUR INFORMATION:

**Clearwater Police Main Number:** 727-562-4242

**Mission Hills Office:** 727-797-6402 \* [missionhillsfl@gmail.com](mailto:missionhillsfl@gmail.com)

**Mission Hills Post:** Susan Huntley \* [missionhillspost@gmail.com](mailto:missionhillspost@gmail.com)

**Office Hours:** Monday – Friday: 9:30 AM to 2:00 PM (Lunch 12 to 12:30 PM) \* **Fax:** 727-797-1822

**Ameri-Tech Community Management:** For emergencies when the Mission Hills office is closed, please call 727-726-8000. **Follow the instructions provided in the recording.** Provide your name, address, and phone number, that you are located in Mission Hills, and state the nature of the emergency.

**Property Manager:** Bob Kelly \* [rkelly@ameritechmail.com](mailto:rkelly@ameritechmail.com)

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## COMMITTEES AND ACTIVITIES: (See the calendar for event times)

**Bingo:** Kay Hunt – 810-845-6597

**Booster Club President:** Vicki Loper – 610-248-1158

**Bridge Club:** Rod Halvorson – 651-235-6036

**Crafters:** Dorothy Blewis – 505-220-1542 **Dominos:** Joanne Dunn – See calendar for schedule

**Finance Committee:** TBD

**Neighborhood Watch:** Susan Salesses – 727-754-8421

**Post Editor:** Susan Huntley– 727-797-6402 \* [missionhillspost@gmail.com](mailto:missionhillspost@gmail.com)

**Purple Passion Red Hats:** Mary Ann Sheehy – 727-669-2016 \* Jean Eldridge—727-314-4353

**Travel Group:** Barbara Ehrlich – 727-797-4826 \* Jean Curtis – 727-792-1942

**FROM THE POST COMMITTEE:** Please submit articles and notices to the Post Editor via e-mail as a **Word** or **PowerPoint** document attached to the following e-mail address: [missionhillspost@gmail.com](mailto:missionhillspost@gmail.com) We are looking for “reporters” out there who would be willing to feed us articles of interest for the Post, with the understanding that they would be used at the discretion of the Post Team. Please send them to the e-mail listed above. **Please submit articles no later than the 20th of each month, and this is a firm deadline, meaning there is no grace period.** Editing of all articles is at the discretion of the Post Team.

**SUBMIT EARLY...your cooperation is most appreciated!**

\* **Post/Advertising/Production:** Susan Huntley

# Treasurer's Report

By Jone Burr

## TREASURER'S REPORT

By Jone Burr, Treasurer

Happy New Year everyone! Hope your holidays were merry. December was a busy month with 2 budget meetings and a board meeting. Our November revenue was \$235,851. Our November expenses were \$246,055. Month to date, we are over budget by \$10,202.10. Year to date, we are over budget by \$86,334.13. Our November delinquencies are \$10,549. \$1,576 of that is from the 2022/2023 special assessment.

The budget was approved on December 12<sup>th</sup> after we received the final insurance costs from Bob Mitchell. Bob did a great job shopping the marketplace and got many bids. We are keeping our current insurance company, American Coastal. The rate went up 30%. The new base number is \$491,349. In addition to that we have finance charges of \$21.6K (we have to finance it), \$1.5K for document stamps and \$3K for a valuation study next July that is required by statute. The other change we made was to increase the Operating Contingency from \$50K to \$100K instead of having a special assessment.

Here are the increases for 2024:

Unit Style	2023 Monthly Fees	2024 Monthly Fees	Increase
1 bed, 1 bath	\$434.58	\$491.18	\$56.60
2 bed, 2 bath	\$558.43	\$631.73	\$73.30
2 bed, 1 bath	\$521.32	\$589.62	\$68.30
2 bed, 1 bath Special	\$525.66	\$594.55	\$68.89

We will continue to understand and manage costs closely in the coming year.

We would like to recognize all the people who help deliver the Mission Hills Post each and every month. Thank You! We couldn't do it without you!!!!

**From Cheryl Acton and Al Robinson**

**Teams updates and more:**

**From the Welcome Team:**

We would like to welcome the new residents: Kimberly Young, Gloria Tombaugh, Jody Stagner, Gary Parson and William Butchart. As always, if you run into them, welcome them to Mission Hills.

Arlene with Judy Leibin work in the winter, and when Arlene snowbirds, Kathy Spooner and Judy Leibin work in the summer. We are very grateful for their contribution during 2023.

**Orientation group:**

I would like to recognize them because they have been doing a great job for a long time. We are all very grateful for their contribution during 2023.

**Teams and Committee:** Trees, roofs, buildings, grounds, finance, etc FBD

**Communication Team:**

The contributors of this team are also Arlene, Kathy and Judy. They have contributed also in 2023 and we are very grateful for it as well.

This team was created with the goal of being to be able to have more transparency between the board and the residents.

There are two ways of reaching the board: 1) a mailbox was installed in the lobby, it is confidential and your questions will go directly to the board. Please leave your name and phone number so you may be called. Remember that a member of the team might call you to acknowledge its receipt but it will be answered by a board member. 2) email your questions directly to the board; either the board blast or board members individually.

From time to time, we print a sheet with all your Q&A and share the information with the rest of the residents. Someone sent an email suggesting that, and we are doing it.

To minimize emails and avoid email fatigue, we accumulate a few questions before we send it out.

We have emailed a previous Q&A and we will email another one in the next few days. It will also be posted on the bulletin board for your viewing.

Questions you send to the board, are taken up during the board meeting which opens the door to ask follow-up questions after the meeting is adjourned, time permitting.

We offer many ways of distributing the Q&A: bulletin board posting, BOD meeting minutes, Newsletter, and email. It is really confusing when I hear someone say "didn't know" or that there is no "transparency." If you want to know something, you just have to either read or ask. You will get your question answered.

## Teams updates and more:

The subject that keeps continuously resurfacing is the sale of the boom truck. There are prerequisites to be able to justify the purchase of another truck. The components will be training, licensing, workmen's compensation, and of course, funds available. Training: they attended training from Arborist Apollo at the beginning of the year, attended the Arborist John Snow presentation, and will attend the next Arborist Apollo presentation in January. Licensing: they already have Landscape Best Practices certification, and Jason and Mark just became certified in Fertilizer/Pesticide best practices which is very important to know when to fertilize and how, etc. Some of you have seen a boom truck on the property being used by the crew to trim palm trees in the boulevard, they already have received trimming training for Palm trees. And, the last piece of the puzzle is worker's compensation: we came to an agreement with Ameritech and they agreed to cover the service crew whether the truck is ours or rented. We have to add again, that the sale of the truck helped reduce the over-budget amount for 2023. One more of the components that have been done to avoid special assessments at this time.

## From AI and the Advocacy Team:

During 2024, we will be focusing on more safety and health programs offered by the state, county, and city of Clearwater, for our community. The first program will be fire extinguisher training session delivered by one of our own Clearwater finest, Clearwater Fire Department and a Clearwater native Ryan Cotton. This approximately half-hour session will be offered to all residents of our community on Monday 8th, 2024 in the maintenance area at 10:00 am. A signup sheet will be in front of the office or you may send us an email.

Also, Terry Toner will be contacted regarding programs available to our community, and the Clearwater Fire Department to set up a CPR session. I am looking for residents of our community who have any ideas that will help benefit us all here in Mission Hills.

***Keep in mind, if you see something, say something.***

With that being said. Wishing everyone a safe and healthy new year.

## Upcoming Events:

What: Fire Extinguisher use 101

Where: Maintenance Area

When: Monday, January 8th, 2024

Time: 10:00 am

Who: Ryan Cotton, Fire Fighter, City of Clearwater Fire Department

Signup Sheet on table in front of office.

What: Apollo O'neil Tree Service - Healthy Tree pruning practices

Where: Mission Hills clubhouse

When: Thursday, January 11th, 2024

Time: 10:30 AM

Who: Apollo O'neil, Arborist

**Teams updates and more:**

**Other updates:**

The parking lot and caution signals and speed bumps are being repainted for safety.

New Locks have been installed on the pool gates also for safety. Locks were donated by the Booster Club

The pool gates have been sanded, primed, and painted; they look clean.

The shuffleboard court has been weeded and ready to be used.

Some of the pavers are being fixed and secured. Safe from tripping hazards.

A Treadmill Nordic Track has been donated and installed in the gym room for your enjoyment.

A new dryer will be installed during the first quarter of 2024 in the Laundry Room South.

Today, the tracks for the laundry room north have been lubed and cleaned. Make sure the laundry room sliding doors are properly closed so they can be locked at night by our volunteers. If you see they jumped off the track, please write a work order.

A call for help:

If there is anything you feel needs fixing, please write a work order.

We are still looking for volunteers to patrol the property, contact Susan Saleless

Al and Cheryl will be visiting those residents on the "Final" letter from Bob's compliance walk. Please work with us to make Mission Hills beautiful and safe. We have volunteers that can help you and also the crew may do so as well. Help us to avoid further escalation.

**AMENDMENTS NEEDED TO BE VOTED ON IN 2024**

**Amendment #1: To allow motorcycles on the property**

Motorcycles are permitted to be parked on the condominium property provided that they have a permit, and are parked in the owner's assigned carport parking spot in such a way as not to block or encroach with any neighboring vehicle, parking spots, or any sidewalk areas in front of the sheds, and do not create a nuisance. Motorcycles must respect the speed limit and stop signs, and drive into and out of the property in idle mode to minimize noise. Repeat violations of the posted speed limit, parking or stop signs by any vehicle owner may result in towing of the vehicle at the vehicle owner's expense and/or denial of future access to the condominium property.

**Amendment #2: Staggered terms for Board of Directors**

All Directors shall be elected for a term of two (2) years and terms of Directors shall be staggered to ensure continuity on the Board of Directors. Therefore, at the first election of the Board of Directors following the adoption of this amendment, three (3) of the Directors shall be elected for a two (2) year term, with the other two (2) elected Directors being elected for a one (1) year term. The top three (3) vote-getters shall serve the initial two (2) year terms, and the other two (2) elected Directors shall serve the initial one (1) year term(s) (unless there is no election due to fewer than/the same number of candidates as vacancies, in which case the Board of Directors will determine which Directors serve which terms). Following this first election, the terms of all Directors shall be for two (2) years.

# BOARD OF DIRECTORS COMMUNICATIONS

Submitted by the MHCA Board of Directors

Reminder: The MHCA Board of Directors has a new tool to communicate directly with you, the residents. To be added to our email list, please contact us at [missionhillsboardblast@gmail.com](mailto:missionhillsboardblast@gmail.com). **Join the Board Blast**

Thank you, and we hope to hear from you soon!



Good Neighbor Luncheon

Free  
Lunch

JANUARY  
18TH @ NOON

SIGN UP AT THE CLUB HOUSE



SPONSORED BY  
MARSHA RANTALA

SPECIAL GUEST SPEAKER:  
PASTOR MIKE HASHA  
CALVARY CHURCH  
CLEARWATER



## DID YOU KNOW THAT . . .

. . . Mission Hills is a no pet community? If residents have an emotional support animal, they may be registered in the office and you must follow all of the given guidelines. There seems to be a number of cats wondering our property lately and they will soon be reported to animal control. No Emotional Support Animals are allowed to wonder the property unattended.

. . . it is important to remind your guests, healthcare workers and repair people to park on the correct side of the street. We cannot have people parking on both sides of the street as emergency vehicles cannot pass through. This is a huge safety issue. So, please ask those coming to your condo to park on the correct side.

## NEIGHBORHOOD WATCH by Susan Salesses, Coordinator

We have an urgent plea to please watch your speed limit. The limit within the complex is 20 mph and everyone is expected to follow that. If someone asks you to slow down, they do not mean for you to step on the gas or for you to ignore them. We are all looking out for each other's safety. So, please obey the speed limit!!

The Neighborhood Watch team continues to patrol the streets of Mission Hills each and every evening. If you are interested in becoming a part of our team, please contact me. We are in need of substitutes and people doing the regular patrol. If you can spare one to two hours a month to help us out, we would greatly appreciate it. Training is provided.

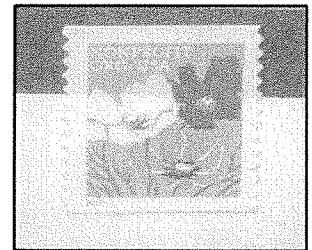
We wish you and your families a Happy New Year!

### *Stamps for the Wounded Project*

Submitted by Peter Salesses, US Army veteran,  
First Cavalry Division-Air Mobile 1969-1970

Thank you everyone, for saving your stamps for this worthy cause. So far, we have collected more than 2000 stamps, stamp collections and information about collecting stamps. This is an ongoing project, so keep them coming! Please consider donating the cancelled stamps you receive on your mail by tearing off the stamp, leaving at least ¼ inch of the envelope, bordering the stamp.

All canceled stamps and stamp albums are collected and sent to *Stamps for the Wounded*. This is a service organization dedicated to providing comfort and stimulating activity to US veterans through stamp collecting. They are a 100% volunteer organization. This is a simple activity and helps many of our veterans. Stamps are collected year-round in a box outside the Office. There are brochures explaining the *Stamps for the Wounded* project near the collection box if you are interested in learning more. Their website is: [www.stampsforthewounded.org](http://www.stampsforthewounded.org)



Thank you for supporting our veterans!



## Mission Hills Monthly Maintenance Report

by Doug Kuchle, Building Contractor, license number RB0035044, and Member at large

### Maintenance Report

**Roofs:** The maintenance crew has been working on the repairs of drywall, caused by roofs leaking. The most recent roof leak was caused by a varmint chewing a hole in a T.P.O. roof system. This type of roof is a plastic-based, heat-seamed system, and the varmints have no problem chewing through it. We are using a bait treatment to counter the problem. For the new roofs in the future, we will be going back to using an asphalt-based modified type. The varmints do not like the asphalt base if they try and chew through it. We have several roofs of that type currently.

We need your help in mandating the vendors that work on the air condition units and get on the roof to make sure they sign in at the office. We still find unauthorized vendors working on the roof. Part of the leaks we have on roofs are due to vendors walking on them. A letter of non-compliance will be mailed to vendors not reporting in the office and residents might be responsible. Please, help the community on this issue since is costing Mission Hills a lot of money on unnecessary repairs.

**Home owner's condo insurance:** In the event, any damage occurs, from a roof leaking or any other type of damage not covered by the association. The condo association is responsible for drywall repairs only. We recommend you take out a homeowner's condo policy to cover all other repairs necessary not covered by the condo association, i.e., cabinets, appliances, interior decor, etc. Call Sue at the office for more details.

### MISSION HILLS UPDATES

#### DUMPSTER RULES:

Break down ALL cardboard boxes that hold electronic equipment, household appliances cardboard containers, or boxes of furniture.

No paint cans or flammable liquids or hazardous chemicals or materials.

If you have any gently used furniture, please call St. Vincent de Paul thrift store for pick-up 727-442-5306. Do not place them in the dumpster, they take up a lot of space and weight and it is very expensive; not necessary since they can be donated.

The compliance drive is still on. The dumpster is still open for residents to discard items. Please remember to recycle and place brush and trees on the trailer. If you need help, please leave a message in the office for the service department.

#### SPEEDING:

Respect the 20 MHP speed limit, whether is a scooter, electric bike, vehicle, etc. Violators will be reported to Ameritech, a letter will be sent out to the speeder. Please do not engage with neighbors.

#### PETS:

Remember the Pooper-Scooper law and pick up after yourself.

Keep pets on a leash.

#### WILD ANIMALS:

Do not feed the alligators.

#### LIGHTS:

Keep your lights on all the time. Contact Susan Salesses for a Dawn-to-Dusk light bulb. It is \$5.00 and you can pay her. If can't afford it, please contact Sue in the office.

#### VOLUNTEERS;

We are still looking for volunteers to patrol the property two hours a month. If you would like to help, please contact Susan Salesses

# BOOSTER CLUB EVENTS

Submitted by Vicki Loper, Booster Club President

A reminder about advance ticket sales for all of our Booster Club activities, with the exception of the Ice Cream Social are required. We will not be selling tickets at the door for breakfasts, or any other events. Tickets are available at bingo, LCR, around the pool or call one of our ticket sellers. Joann Dunn 617-686-4078, Penni Deitrich 631-742-7926, or Vicki Loper 610-248-1158.

Thank you to our bingo team for all the hard work every week. Dee Laymon and Keith Arndt for calling the bingo games, and to Kay, Judy, and Peggy for working the tables. Thanks to all that donate the "goodies" for our snacks.

A big thank you to all our Booster Club volunteers for the hard work they put into our events. If not for this group of people, we could not continue our fun activities, events and meals. We are always looking for new residents to join in with our Booster Club. Our monthly meeting is on the 3rd Thursday night at 7pm.

We will be returning to our normal schedule of events in January.

The winners of our Christmas decoration contest are as follows:

1st place: 2979 Feather Drive

2nd place: 1189 Mission Hills Blvd

3rd place: 1285 Mission Hills Blvd

Thanks to everyone who decorated and made our "hills" look fabulous for the holidays. Congratulations to the winner for 2023.

A big shout out to Terry Bolander for her continued donations for our Ice Cream Social, and to Janet Russell and Cathy Harris for taking the lead on this event. Thank you to Pat Loretto for her trivia facts.

Thank you to Doug McDonald for his donation of bottles of wine to the Booster Club. These will be used as door prizes or giveaways.

## JANUARY BOOSTER CLUB ACTIVITIES:

Bingo every Monday night at 7pm. Bingo card sales end at 6:50pm.

Booster Club breakfast 9am-10:30am January 13, Hosted by Ralph and Lisa Schlechty \$8 p/p

Menu: biscuits and gravy, eggs and meat, fruit cup, coffee or tea.

Booster Club Spaghetti Dinner January 20, 2024 4pm-5pm Happy hour BYOB, dinner at 5pm.

Menu: Salad, Spaghetti with meat sauce, rolls and butter \$10 p/p. Bring desserts to share. Hosted by Shirley Laurie and Nancy Morris.

Booster Club Ice Cream Social/trivia January 21, 2024 7pm. \$5 p/p bring your bowl.

Booster Club Happy New Year/Welcome Back Black and White Dance with Mark Ralston January 27, 2024 7pm-11pm \$15 p/p. Snacks provided, BYOB.

## SAVE THE DATES:

Booster Club Breakfast Saturday, February 10, 2024

Booster Club Ice Cream Social Sunday, February 18, 2024

Booster Club Tampa Game Night Thursday, February 22, 2024

Booster Club Pig Roast/Luau Saturday, February 24, 2024

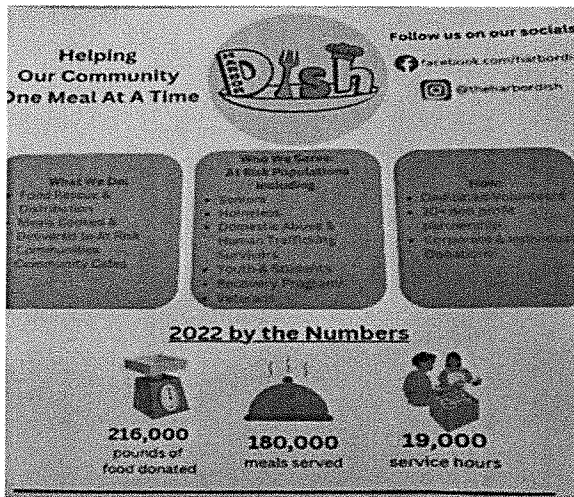
# "HARBOR DISH"

HELPING OUR COMMUNITY ONE MEAL AT A TIME

You are all cordially invited to attend a presentation from Harbor Dish, an outstanding organization located in our neighboring town of Safety Harbor.

When: Thursday, January 11th at 6PM

Where: in our Clubhouse Hall



This a no-cost seminar and is being presented by Chris at Harbor Dish. She will provide us with information on just what this group does, who they serve, and many other worthwhile projects. A sign-up sheet is located in our Mission Hills reception area ... please be sure to sign up no later than January 4th

Refreshments will be served ... looking forward to

seeing you all on January 11 th !

Questions? Feel free to reach out to:

Janet Russell (412-965-2777)

Helen J. Strupczewski (609-706-7214)

# Ice Cream Social

When: Sunday, January 21st  
7PM

Where: Clubhouse Hall

*Try your luck with 50/50!*

Test your knowledge with  
Trivia by Pat Loretto

**\$5 per person**

All tickets are sold at the gate.  
Bring your own bowl and spoon!

Ice Cream Social is the fourth  
Sunday at 7 PM!

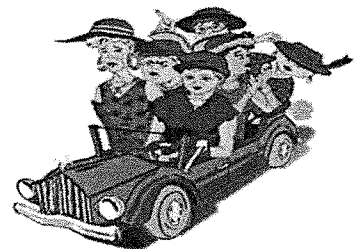
# PURPLE PASSION LADIES

When: Wednesday, January 17th

Time: 10:00 AM

**BREAKFAST WELCOME NEW MEMBERS**

Where: *Mission Hills Clubhouse*  
*1401 Mission Hills Blvd*  
*Clearwater, FL 33759*



# Ladies Lunch Bunch

When: Tuesday, January 2nd

Time: 1 PM

Where: *Jack Willie's*  
*1013 St. Petersburg Dr.*  
*Oldsmar, FL*

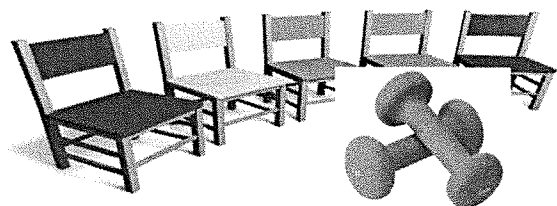
**ALL LADIES  
WELCOME!!**

RSVP: *Jean Curtis—727-791-1942*

# CHAIR EXERCISE

Submitted by Joanne Dunn

**C**ome join us every Friday morning in the Clubhouse living room at **10:30 AM** for a little exercising and a few laughs! It's time to get in shape again! Bring weights if you have them. Welcoming, Matter of Balance participants.





## GREETINGS FROM THE QUEEN MUM

Many of you know by now that Mission Hills has a Red Hat group ... we primarily go by the name of Purple Passion.

This group is dedicated to sisterhood and sharing. Along the way, we also meet monthly to enjoy each other's company.

In the 2024, we will be branching out to offer different kinds of activities for our residents to come and enjoy ... things like plays, more types of cruises, even a stop at Gigglewaters for a movie and lunch. We will also be having all of our gatherings on Wednesdays ... so much fun!

This January is our annual membership drive. We are inviting the wonderful ladies of the Hills to join us for a breakfast meeting on the 17<sup>th</sup> of January at 10AM. We will be having a special guest Chef preparing our meal .. thank you so much, Chris Picard! We will need to have your RSVP no later than the 10<sup>th</sup> so that Chris can make all of her preparations.

We hope that you come out and see just what we are all about ... you will be surprised, for sure!

Questions? Feel free to contact:

Maryann Sheehy, Queen Mum (727-669-2016) or

Jean Eldredge, Vice Mum (727-314-4353)

## THANK YOU

To the residents of Mission Hills who donated new items, gift cards, wine and spirits, and theme baskets to our Fall Gift Basket Raffle, a big thank you to you ALL. The raffle was a huge success and over \$950 was collected for the Booster Club treasury.

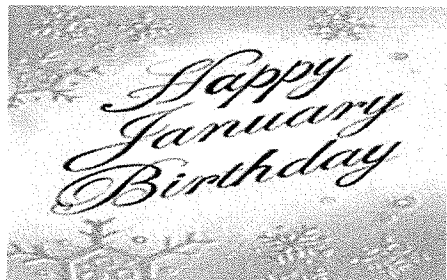
A special Thank you to the committee, Becky Anderson, Susan Salesses, and Penni Dietrich, who helped collect, sort and create the baskets and sell tickets. A thank you, also, to Cathy Harris and Janet Russell who assisted with selling tickets and helping where ever needed.

We should all be proud of our efforts and how we worked tother to make this fund raiser a huge event.

Thanks to everyone,

Pat Loretto

# HAPPY BIRTHDAY and HAPPY ANNIVERSARY!!



Jean Eldredge .....	2
Anthony Panarese .....	3
Michael Brown Jr.....	3
Frank Partridge .....	4
Sandra Johnson .....	4
Robert Coppes.....	11
Susan Dame .....	12
Virginia Sierra .....	13
Bernie Latzy .....	14
Judy Knowles .....	16
Tom Maslanka .....	18
Rita Holanda .....	18
Flossie McDonald .....	21
Jody Stagner.....	23
Tina Hans .....	24
Barbara Elia .....	25
Kristina Dougherty .....	25



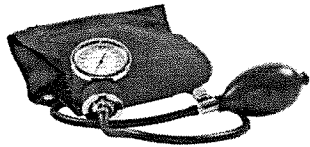
## JANUARY ANNIVERSARIES

<u>David &amp; Suzette Boyce .....</u>	<u>6</u>
Jack & Sara Lewis .....	11
Ray & Rosetta Nelson .....	25

## Blood Pressure Screening

Submitted by Marie Purcell

**C**ome get your blood pressure checked in the Clubhouse living room from 2:00-3:00 PM on Wednesdays. Anyone who would like to have their blood pressure taken is welcome to stop by during this time.



## Can Tabs for Ronald McDonald House

Submitted by Melody Walsh

Please save your soda and other can tabs and deposit them in the PINK bin located in Clubhouse lobby. They will be taken to the Ronald McDonald House to be used for their needs to make the families' stay easier and more comfortable.

They greatly appreciate any help that we can provide.

### WAYS TO HELP LOWER THE POTENTIAL OF SPECIAL ASSESSMENTS

It has been addressed in the past but we can't stress enough the need to avoid disposing of wipes/towels in the toilet. Please use one ply toilet paper and do not dispose of anything else in the toilet other than that. This is one of the main reason why we have clogged pipes. Our pipes need to be treated with TLC. Please help.

## WATER USAGE

Submitted by the MHCA Board of Directors

**W**ater in Mission Hills is something we pay for as a part of our monthly COA fees. Only we, on an individual basis, can control how much or how little is used. We are hearing reports of people washing cars and cleaning patios using the "free" water. Well, it's not really free...we all pay for it one way or another.

Please be considerate of your neighbors. Use the local car wash for your vehicles, and use a broom or blower to clean your patios. We all need to be considerate in this regard to control our expenses.



## WEIGHT WATCHERS BERRY CHEESECAKE FLUFF

(from Face Book .. submitted by Helen J. Strupczewski)

Here's a delicious dessert or snack for you to enjoy after all the holiday goodies. . You can customize to your taste by using Raspberries or Strawberries. This healthy quick and easy recipe is low calorie, low fat, and low calorie and is only 2 points per 4 oz. Serving.

TIME 10 MINS .. REFRIGERATE 20 MINS ..

TOTAL TIME 30 .. 8 SERVINGS

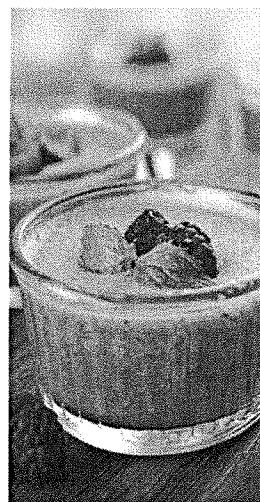
### EQUIPMENT

- Small Sauce Pan
- Mixing Bowl
- Electric Mixer

(8) INDIVIDUAL SERVING DISHES

### INGREDIENTS

- 1 cup hot water
- 1 box (3oz) sugar-free gelatin raspberry or strawberry
- 1 cup cold water
  - 1 cup fresh or frozen raspberries or strawberries
  - 1 box (3½oz) Jello fat-free sugar free instant cheesecake pudding mix



8 OZ FAT-FREE COOL WHIP THAWED

### INSTRUCTIONS

- In a small saucepan, add 1 cup of water and bring to a boil
- In a mixing bowl, add sugar-free gelatin.
- In the mixing bowl, add the boiling water to the gelatin, stirring until dissolved.
- Add in 1 cup of cold water. Stir to mix.
- Stir in the berries.
- Wait 5 minutes to allow to cool a bit.
- Fold in pudding mix then. using an electric hand mixer, beat on high speed until smooth, approx 2 minutes.
- Fold in fat-free cool whip
- Transfer equal amounts to 8 individual 4 oz ramekins
- Refrigerate until set.



# Men's Breakfast

Every Thursday 8:30am

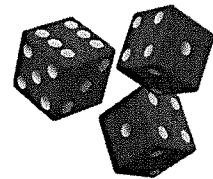
3rd Thursday Each Month  
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**ATHENS Restaurant**  
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## Bored on Tuesday Nights?

Join the Euchre gang and play other games, such as Scrabble, Rummykub, and more. Bring a game and a friend!

Please join us for a few hours of fun and friendship.

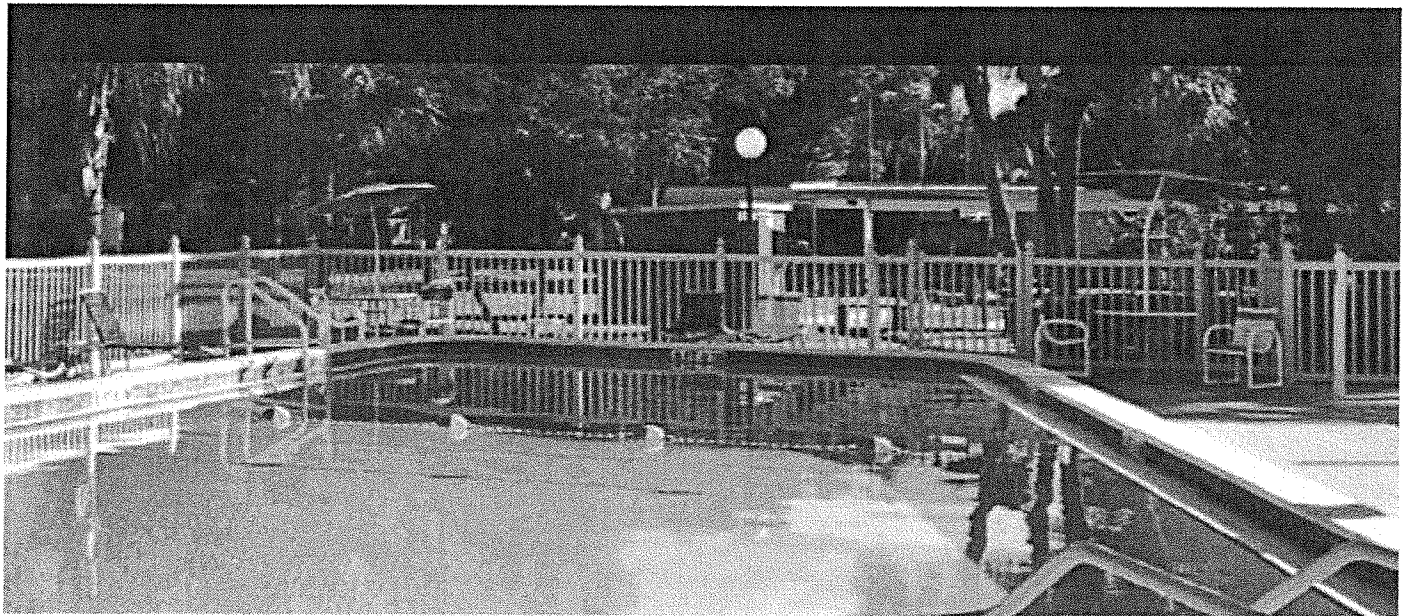


### BELL RINGERS FOR SALVATION ARMY

A big thank you to the volunteers in our community for ringing the bell for the Kettle Drive for the Salvation Army. Our wonderful volunteers this year were Marie Purcell, Janet Russell and Cathy Harris, Tish and Bill Manchester, Bob and Pat Loretto, Jean Flegiel and Nancy Collett.

Thank you all so much for your time and enthusiasm in this year's Kettle Drive. I heard back from the Volunteers Manager and he was so grateful to our group for collecting \$352.83 this year during our one day Bell Ringing. So appreciate your help for this wonderful organization.

Joan Carlson



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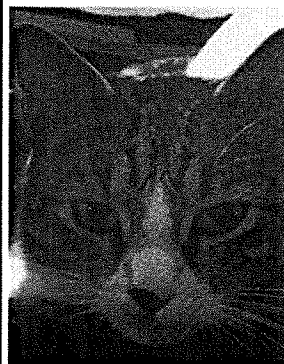
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Thursday	9:30 am - 5:00 pm
Friday	9:30 am - 5:00 pm
Saturday	10 am - 1:00 pm
Sunday	Closed

### PUBLIC WELCOME!

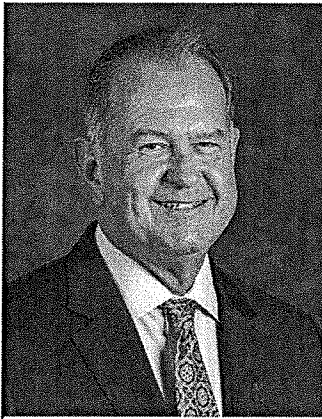


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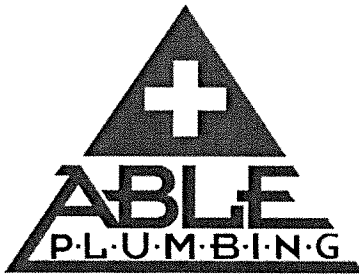
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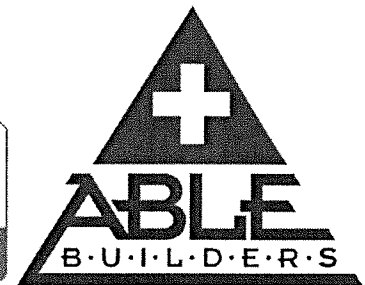
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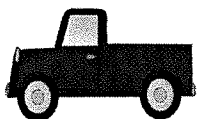
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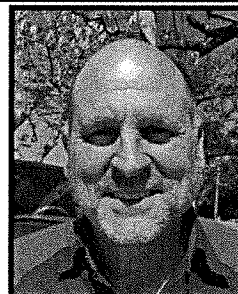
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# JANUARY 2024

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b><u>Mondays:</u></b> Poker 6pm Bingo 7pm		1 	2 Ladies Lunch Bunch 1pm Jack Willies	3	4	5 Robert Litteral Memorial 10am—12pm Clubhouse	6 13 BC Breakfast 9:00 to 10:30am
<b><u>Tuesdays:</u></b> Euchre: 7pm		8 10am Fire Extinguisher Training for Residents	9	10	11 10:30am O'Neil tree presentation 6pm Harbor Dish Clubhouse	12	13 BC Breakfast 9:00 to 10:30am
<b><u>Wednesdays:</u></b> Blood Pressure 2pm Poker 6pm		15	16 5pm BOD Meeting Clubhouse	17 Red Hat Break- fast Clubhouse 10am	19 12pm Lunch w/ Marsha Rantala BC Meeting 7pm	19	20 BC Spaghetti Dinner 4pm
Left, Right Center 7pm	14	22	23	24	25	26	27
<b><u>Thursdays:</u></b> Men's Breakfast 8:30am Athens Restaurant	21	22	23	24	25	26	27
<b><u>Fridays:</u></b> Chair Exercise 10:30am Poker 6pm Dominos 7pm	28 7pm BC Ice Cream Social	29	30	31			BC Dance 7pm

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