MISSION HILLS POST

From the President

Memories of the past are often ignited by the holiday season we are now entering. We look back on the years gone by and realize how blessed we have been to be free in a country that allows us to worship as we choose and to benefit from our own efforts.

And so again, we thank God for his abundant blessings – this Thanksgiving.

Last night's board meeting, while focused on the budget, addressed many issues. A few stand out to me as necessary to our future success - one being the request to form committees/teams that can address and control the following:

- 1) Roofing issues,
- 2) Tree maintenance,
- 3) Building upkeep,
- 4) Underground plumbing etc.,

5) Finance

Each of these categories will need focus and attention to maintain them and to do so with financial thrift. It requires people to step forth and help. In a very real sense, it is our cry for your support and help! By dividing the load and working together we can make this much easier and successful.

We also encouraged others to run for board positions in the next election. We don't want politics – we want effectiveness. What we have learned from our hard work in the above five categories can be passed on to others quickly making them successful in turning this big ship called Mission Hills onto its proper course of meeting every need in the most financially efficient manner possible.

Wishing you a Merry Christmas 2023 and a very blessed 2024.

Jack Emberson

December 2023



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Keep Your Porch Lights On!

his has been noted in the Neighborhood Watch articles by Susan Salesses for over a year now, and yet people are still not turning on their porch lights at night. If you need a dusk to dawn bulb, you can get one from Susan for just \$5. Then just leave the switch in the on position, and your light will come on automatically. Please contact Susan at 727-754-8421, and she will get one to you. Please keep your porch lights on at night for the safety of our community! Thank you!! ~ The MHCA Board of Directors *

MISSION HILLS DIRECTORY

THE BOARD OF DIRECTORS:

President: John (Jack) Emberson * mhcadirector.john@gmail.com * 651-324-0121

Vice President: Al Robinson * mhcadirector.al@gmail.com * 401-710-2538

Treasurer: Jone Burr * mhcadirector.jone@gmail.com * 727-254-6964

Secretary: Cheryl Acton * mhcadirector.cheryl@gmail.com * 727-641-3094

Member-at-Large: Doug Kuchle ★ mhcadirector.doug@gmail.com ★ 727-481-4399

Board Blast Email: missionhillsboardblast@gmail.com

FOR YOUR INFORMATION:

Clearwater Police Main Number: 727-562-4242

Mission Hills Office: 727-797-6402 ★ missionhillsfl@gmail.com Mission Hills Post: Susan Huntley * missionhillspost@gmail.com

Office Hours: Monday - Friday: 9:30 AM to 2:00 PM (Lunch 12 to 12:30 PM) * Fax: 727-797-1822

Ameri-Tech Community Management: For emergencies when the Mission Hills office is closed, please call 727-726-8000. **Follow the instructions provided in the recording.** Provide your name, address,

and phone number, that you are located in Mission Hills, and state the nature of the emergency.

Property Manager: Bob Kelly ★ <u>rkelly@ameritechmail.com</u>

COMMITTEES AND ACTIVITIES: (See the calendar for event times)

Bingo: Kay Hunt - 810-845-6597

Booster Club President: Vicki Loper – 610-248-1158

Bridge Club: Rod Halvorson – 651-235-6036

Crafters: Dorothy Blewis - 505-220-1542Dominos: Joanne Dunn - See calendar for schedule

Finance Committee: TBD

Neighborhood Watch: Susan Salesses - 727-754-8421

Post Editor: Susan Huntley- 727-797-6402 ★ missionhillspost@gmail.com

Purple Passion Red Hats: Mary Ann Sheehy - 727-669-2016 ★ Jean Eldridge—727-314-4353

Travel Group: Barbara Ehrlich - 727-797-4826 ★ Jean Curtis - 727-792-1942

FROM THE POST COMMITTEE: Please submit articles and notices to the Post Editor via e-mail as a **Word** or **PowerPoint** document attached to the following e-mail address: **missionhillspost@gmail.com** We are looking for "reporters" out there who would be willing to feed us articles of interest for the Post, with the understanding that they would be used at the discretion of the Post Team. Please send them to the e-mail listed above. **Please submit articles no later than the 20th of each month, and this is a firm deadline, meaning there is no grace period.** Editing of all articles is at the discretion of the Post Team.

SUBMIT EARLY...your cooperation is most appreciated!

* Post/Advertising/Production: Susan Huntley

Treasurer's Report

By Jone Burr

Thanks to all who attended the budget meeting last night. We had a great turnout and lots of good questions. We reviewed budget line items and explained what was spent, year to date, for each one. Insurance is still our big unknown as Bob Mitchell has not received any formal quotes from the service carriers. Wind mitigation reports for all of the buildings and clubhouse were completed and forwarded to the providers for a discount. Sue has a book in the office with all the reports if you need a copy to get a discount on your homeowner insurance. We forecasted a 100% budget increase for planning purposes. However, we don't want to approve without the actual number. If it is lower than 100%, we can reduce the monthly assessment further. Budget approval has been tabled until Tuesday, December 12th. Either a zoom meeting or in person meeting will take place for this specific purpose only. The final budget will be provided and posted before the meeting.

October revenues were \$250,118.90. Expenses were \$265,898.88. Delinquencies were \$9,958.

Wishing everyone a safe, happy and healthy holiday season!!

Al Robinson, Vice-President

I would like to start by saying I appreciate having the opportunity to have been elected as a board member of Mission Hills.

As the holiday season approaches, we continue to work diligently with each other, to make great efforts to achieve a better community.

We have used our resources to help overcome the unexpected high economic times. The beauty of unity and the overcoming of challenges lies in its ability to bridge gaps and build bridges between diverse backgrounds and perspectives. Each family, neighbor, and individual, contributes to the mosaic of holiday experiences that make Mission Hills vibrant and meaningful.

With that being said, I would like to wish everyone, a Happy Holidays, and a Happy New Year! Stay safe.

Quarters will no longer be sold at the clubhouse for laundry.

Please get them at the bank or Publix.

Sorry for any inconvenience.

From Cheryl Acton and Al Robinson

From the Welcome Team:

We would like to welcome our new residents to Mission Hills: Sandra Morris, Patricia Banning, Maria Santiago, Susan Carter, Greg and Sharon Syrota, Ann Sabo and Gary Parson.

If you see them, please welcome them to Mission Hills.

From the Secretary's desk:

A message for the Holiday Season

In the spirit of forgiveness, we find the transformative power of letting go. Forgiveness is not an endorsement of wrongdoing but a release from the chains of resentment. Embracing the teachings of the wise, we learn to extend compassion to those who may have wronged us or we may have wronged. By forgiving, we break the cycle of bitterness, fostering healing for both ourselves and others. In forgiving, we emulate the divine mercy granted to us. It's a profound act that echoes the unconditional love taught by the holly. Through forgiveness, we discover a path to inner peace, embodying the grace that defines the essence of life.

In the heart of the holiday season, as the air becomes crisp and festive lights illuminate the streets of Mission Hills, let our community stand united, embodying the true spirit of Christmas. This time of year is not just about decorations and gifts but about fostering a sense of togetherness and creating bonds that strengthen our shared experiences.

Unity in the community is not merely a phrase; it is the board's commitment to support and uplift one another. During this festive season, let's extend a helping hand to those in need, ensuring that no one feels alone or left behind. Whether through small acts of kindness or more significant gestures, our collective efforts can make a profound impact on the lives of our Mission Hills neighbors.

Let's all have a wonderful holiday season and we'll resume business at our next board meeting on December 19th, 2023

We will update on questions sent by you through the board blast and posting on the bulletin board.

Wishing you and your loved ones a Christmas filled with the true magic of togetherness. Happy holidays!

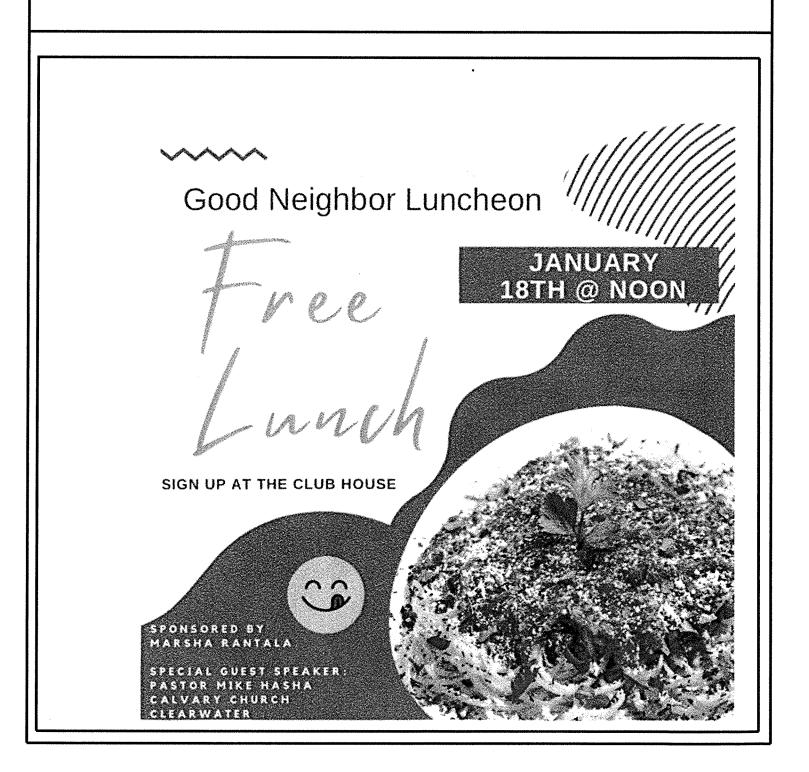


BOARD OF DIRECTORS COMMUNICATIONS

Submitted by the MHCA Board of Directors

Reminder: The MHCA Board of Directors has a new tool to communicate directly with you, the residents. To be added to our email list, please contact us at missionhillsboardblast@gmail. Join the Board Blast

Thank you, and we hope to hear from you soon!



DID YOU KNOW THAT . . .

. . . Mission Hills is a no pet community? If residents have an emotional support animal, they may be registered in the office and you must follow all of the given guidelines. There seems to be a number of cats wondering our property lately and they will soon be reported to animal control. No Emotional Support Animals are allowed to wonder the property unattended.

... it is important to remind your guests, healthcare workers and repair people to park on the correct side of the street. We cannot have people parking on both sides of the street as emergency vehicles cannot pass through. This is a huge safety issue. So, please ask those coming to your condo to park on the correct side.

NEIGHBORHOOD WATCH by Susan Salesses, Coordinator

One of the best parts of Neighborhood Watch this month is viewing everyone's holiday decorations as we patrol the streets each night. It is great to see our community looking so festive.

We have an urgent plea to please watch your speed limit. The limit within the complex is 20 mph and everyone is expected to follow that. If someone asks you to slow down, they do not mean for you to step on the gas or for you to ignore them. We are all looking out for each other's safety. So, please obey the speed limit!!

The Neighborhood Watch team continues to patrol the streets of Mission Hills each and every evening. If you are interested in becoming a part of our team, please contact me. We are in need of substitutes and people doing the regular patrol. If you can spare one to two hours a month to help us out, we would greatly appreciate it. Training is provided.

We wish you and your families a blessed holiday season.

Stamps for the Wounded Project

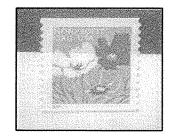
Submitted by Peter Salesses, US Army veteran,

First Cavalry Division-Air Mobile 1969–1970

Thank you everyone, for saving your stamps for this worthy cause. So far, we have collected more than 2000 stamps, stamp collections and information about collecting stamps. This is an ongoing project, so keep them coming! Please consider donating the cancelled stamps you receive on your mail by tearing off the stamp, leaving at least ½ inch of the envelope, bordering the stamp.

All canceled stamps and stamp albums are collected and sent to *Stamps* for the Wounded. This is a service organization dedicated to providing comfort and stimulating activity to US veterans through stamp collecting. They are a 100% volunteer organization. This is a simple activity and helps many of our veterans. Stamps are collected year-round in a box outside the Office. There are prochures explaining the

are collected year-round in a box outside the Office. There are brochures explaining the *Stamps for the Wounded* project near the collection box if you are interested in learning more. Their website is: www.stampsforthewounded.org



Thank you for supporting our veterans!

MISSION HILLS COMPLIANCE BOARD OF DIRECTORS GUIDELINES

Below are the approved guidelines regarding document violations in Mission Hills for the Board of Directors to follow.

The Board of Directors does not participate in any violations issues until the Compliance Committee submits its recommendation(s) for BOD review.

In addition, there is a specific process in place in Mission Hills for a violation issue to be presented to our Property Manager. One path is a "walk through" of the property by our Property Manager. Another is via email from a resident to the Property Manager with full details of the complaint. The subject line should state, "MH Compliance." It is his/her responsibility to be familiar with our Mission Hills documents, as well as our Policies and Procedures. Depending on the findings, the compliance process begins as follows:

- At the discretion of the Board of Directors, a courtesy letter is mailed to the resident. If the issues involve landscaping, the resident must respond within a grace period of 14 business days to resolve their issue, again at the discretion of the Board of Directors.
- If the issue involves a more complicated problem, like obtaining maintenance supplies and/or repair issues, for example, the resident must respond within a grace period of 30 business days. This time frame is also at the discretion of the Board.
- If the Board of Directors agrees that after these response times end, a second courtesy letter will be sent.
- If there is no resolution by the resident, the Board of Directors will determine if a third letter is required. This letter would advise the resident that he/she will be scheduled to appear before the Compliance Committee. The resident will be offered three (3) suggested dates, and he/she must agree to attend one of those dates.
- The Board of Directors will decide, based on the information received after the committee hearing, to fine the resident, or drop the issue and advise the resident to re-review the Mission Hills documents.
- The Property Manager also has the authority to regulate any chairs/tables, etc., placed in the corner cubbies of the carports. If they are in a position to block the walkway or cause any tripping harm, a yellow tag will be placed on the items. If there is no resolution within 14 business days, the items will be removed and trashed.

May 30, 2023

Mission Hills Monthly Maintenance Report

by Doug Kuchle, Building Contractor, license number RB0035044, and Member at large

- We have a significant amount of roof issues due to A/C contractors not signing in the office and causing damage to the roof and residents having to pay for repairs. It is every resident's responsibility to have All contractors sign in the office and fill out the Contractor's form. We have had to repair 2 condos due to damage to the The leaks have caused thousands of dollars in damages,, and the costs of repairs are being paid by the community. We will be stopping this, problem by putting the repair costs on the individual residence, not the community, so be aware of who you authorize who is working on the roofs.
- The form is in front of the office's table in the Clubhouse. The clubhouse is open every day until 10:00 PM
- We received 3 quotes for the electrical: 1) John P's vendor Alston Electric gave us a quote for \$24,168.48. 2) Laughlin Electric for \$9,680 and 3) Perry Electric texted a tentative quote for \$9,297.
- We made a motion during the budget meeting to go with Laughlin and it was approved.
- We have already submitted paperwork for a permit to begin electrical work.
- Hopefully, the job will be completed by mid-December
- You will see Ken in the maintenance department, please welcome him back. Some of you might know him from working in Mission Hills in the past and he will be running the Maintenance Department at this time.

Wishing you a wonderful Christmas and a healthy and prosperous New Year

MISSION HILLS UPDATES

DUMPSTER RULES:

Break down ALL cardboard boxes that hold electronic equipment, household appliances cardboard containers, or boxes of furniture.

No paint cans or flammable liquids or hazardous chemicals or materials.

If you have any gently used furniture, please call St. Vincent de Paul thrift store for pick-up 727-442-5306. Do not place them in the dumpster, they take up a lot of space and weight and it is very expensive; not necessary since they can be donated.

The compliance drive is still on. The dumpster is still open for residents to discard items. Please remember to recycle and place brush and trees on the trailer. If you need help, please leave a message in the office for the service department.

SPEEDING:

Respect the 20 MHP speed limit, whether is a scooter, electric bike, vehicle, etc. Violators will be reported to Ameritech, a letter will be sent out to the speeder. Please do not engage with neighbors. PETS:

Remember the Pooper-Scooper law and pick up after yourself.

Keep pets on a leash.

WILD ANIMALS:

Do not feed the alligators.

LIGHTS

Keep your lights on all the time. Contact Susan Salesses for a Dawn-to-Dusk light bulb. It is \$5.00 and you can pay her. If can't afford it, please contact Sue in the office.

VOLUNTEERS:

We are still looking for volunteers to patrol the property two hours a month. If you would like to help, please contact Susan Salesses

BOOSTER CLUB EVENTS

Submitted by Vicki Loper, Booster Club President

A reminder about advance ticket sales for all of our Booster Club activities, with the exception of the Ice Cream Social are required. We will not be selling tickets at the door for breakfasts, or any other events. Tickets are available at bingo, LCR, around the pool or call one of our ticket sellers. Joanne Dunn 617-686-4078, Penni Deitrich 631-742-7926, or Vicki Loper 610-248-1158.

Thank you to our bingo team for all the hard work. Dee Laymon and Keith Arndt for calling the bingo games, and to Kay, Judy, Peggy, and Arlene for working the tables. Thank you to all that donate the "goodies" for our snacks.

A huge thanks to all our Booster Club volunteers for the hard work they put into all of our events. This last month of November has been challenging. We had to decorate the hall for Christmas, set up for the Shopping Fair, tear everything back down and reset tables for bingo. It's not an easy task bringing decorations in from the outside shed, through the window and getting the decorating done. Don't forget.....we are an over 55 community. Please give a big thank you to these folks....they too, are all volunteers.

A big thank you to Pat Loretto and her team....Susan Salesses, Becky Anderson and Penni Deitrich for the Basket raffle. These ladies did a wonderful job collecting the items, putting baskets together, hauling them to the clubhouse, selling advance tickets, handling the raffle at our Thanksgiving dinner and finally making \$900 for our Booster club.

Thank you to Lisa and Ralph Schlechty for stepping up to set up the horse race track, calling the races and working the betting window. Thank you to John Loper, Pat Banning, Maureen Landry for working the betting window and setting the odds for us. A great time was had by all.....the jockey's had a little fun too!

Another reminder, there will not be a Booster Club meeting in the month of December. We will be back in January for our regular monthly meeting on the 3rd Thursday of the month. Also, no December Booster Club breakfast.

Get those Christmas decorations up and impress your neighbors. Judging will be done on December 18 at dark. We will have 1st, 2nd, and 3rd prizes for the best decorations. Let's make the "Hills" beautiful for the holidays.

DECEMBER BOOSTER CLUB ACTIVITIES:

Bingo every Monday night at 7pm. Bingo card sales end at 6:50 pm.

Sunday, Dec. 17 Booster Club Ice Cream Social 7pm \$5 p/p bring your own bowl.

Monday, Dec. 18 Judging for the Christmas decorations.



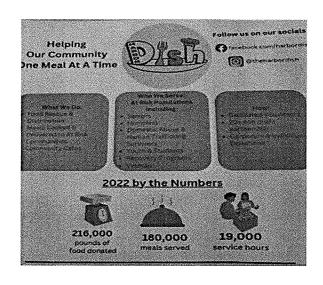
"HARBOR DISH"

HELPING OUR COMMUNITY ONE MEAL AT A TIME

You are all cordially invited to attend a presentation from Harbor Dish, an outstanding organization located in our neighboring town of Safety Harbor.

When: Thursday, January 11th at 6PM

Where: in our Clubhouse Hall



This a no-cost seminar and is being presented by Chris at Harbor Dish. She will provide us with information on just what this group does, who they serve, and many other worthwhile projects. A sign-up sheet is located in our Mission Hills reception area ... please be sure to sign up no later than January 4th

Refreshments will be served ... looking forward to

seeing you all on January 11 th!

Questions? Feel free to reach out to:

Janet Russell (412-965-2777)

Helen J. Strupczewski (609-706-7214)

Ice Cream Social

When: Sunday, December 17th

7PM

Where: Clubhouse Hall

Try your luck with 50/50!

Test your knowledge with Trivia by Pat Loretto

\$5 per person

All tickets are sold at the gate. Bring your own bowl and spoon!

Ice Cream Social is the fourth Sunday at 7 PM!

PURPLE PASSION LADIES

When: Wednesday, December 13th

Time: 1:00pm

Where: Lucky Dill

33189 US Hwy 19

Palm Harbor, FL 34684

RSVP: Diane Kozak: 727-741-5664

or

RSVP: Diana

Colletti:

727-251-4599



Ladies Lunch Bunch

When: Tuesday, December 5th

Time: 1 PM

Where: Outback Steak House

31988 US 19 N Palm Harbor

ALL LADIES WELCOME!!

CHAIR EXERCISE

Submitted by Joanne Dunn

ome join us every Friday morning in the Clubhouse living room at 10:30 AM for a little exercising and a few laughs! It's time to get in shape again! Bring weights if you have them. Welcoming, Matter of Balance participants.





GREETINGS FROM THE QUEEN MUM

Many of you know by now that Mission Hills has a Red Hat group ... we primarily go by the name of Purple Passion.

This group is dedicated to sisterhood and sharing. Along the way, we also meet monthly to enjoy each other's company.

In the 2024, we will be branching out to offer different kinds of activities for our residents to come and enjoy ... things like plays, more types of cruises, even a stop at Gigglewaters for a movie and lunch. We will also be having all of our gatherings on Wednesdays ... so much fun!

This January is our annual membership drive. We are inviting the wonderful ladies of the Hills to join us for a breakfast meeting on the 17th of January at 10AM. We will be having a special guest Chef preparing our meal .. thank you so much, Chris Picard! We will need to have your RSVP no later than the 10th so that Chris can make all of her preparations.

We hope that you come out and see just what we are all about ... you will be surprised, for sure! Questions? Feel free to contact:

> Maryann Sheehy, Queen Mum (727-669-2016) or Jean Eldredge, Vice Mum (727-314-4353

Wishing everyone in Mission Hills a Merry Christmas and Happy New Year from my home to yours.

Love, Gerri Downs



WITH GREAT APPRECIATION (*) (*)



We want to thank all of our thoughtful residents who made a

contribution this year and so generously donated over 215 boxes of cereal that was collected in less than two weeks! A large appreciation to those

of you who brought so many boxes. We want to especially note the person who left over twenty large bags of cereal on Sunday before we came home from Church and of Brenda and John Ferguson who made a large donation for us to purchase more cereal. Also, a great big thank you to you residents who returned more than once with more cereal to add to the collection.

They were collected for the Metropolitan Ministries Food Pantry in Tampa

which is in great need of all food. Our donation was added to the 2700 other boxes delivered to the pantry whose shelves were almost empty.

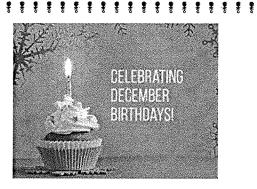
We are so fortunate to be in a Community that displays such a giving heart!

We have so much to be thankful for.

May God bless you, for sharing with others.

♥ Mary and Joanne Dunn

HAPPY BIRTHDAY and HAPPY ANNIVERSARY!!



Ariane Chicles 1
Jodi Olson 2
Donna Trivinia5
Bonnie Guy 6
Robert Sinclair 7
Judith Hoover 7
Adrienne Hall 7
Brenda Ferguson 9
Robert Cuscino 10
Rob Huston11
Ellen Puglisi 12
Donnie Perry 12
Carole Mills 13
Dennis Devlin17
Berlene Vodika 21
Barbara Landry 23
Rod Halvorson 23
Rita Boisseau 24
John Loper26
Ed Jarrell 28
William Fahr31

Robert (Bob) Lee Litteral Remembrance

Please join us for a remembrance service for Bob Litteral on Friday January 5, 2024 from 10am-12pm at 1401 Mission Hills Blvd (Club House Main Room) Clearwater, Florida. Light refreshments will be served.

Robert passed away on January 3, 2023. He is survived by his daughter Jennifer Litteral, sisters Lorrie Litteral and Sue Ricketts, his nephews Steve and wife Terry Ricketts and children, Jeff and wife Sharon Ricketts and children, Brian and wife Dawn Flowers, Jason & Mark Litteral and niece Lisa Ricketts.

Bob was part of the Mission Hills community for nearly ten years, he made many friends over weekly card games and monthly breakfasts and spoke of them often with fond memories. Robert was a veteran and served in the Army and retired as computer programmer from the Indiana University of Pennsylvania, Indiana, Pennsylvania where he resided for nearly forty years before moving to Honduras and then ultimately Clearwater, Florida.



Blood Pressure Screening

Submitted by Marie Purcell

ome get your blood pressure checked in the Clubhouse living room from 2:00-3:00 PM on Wednesdays. Anyone who would like to have their blood pressure taken is welcome to stop by during this time.



Can Tabs for Ronald McDonald House

Submitted by Melody Walsh

Please save your soda and other can tabs and deposit them in the PINK bin located in Clubhouse lobby. They will be taken to the Ronald McDonald House to be used for their needs to make the families' stay easier and more comfortable.

They greatly appreciate any help that we can provide.

WAYS TO HELP LOWER THE POTENTIAL OF SPECIAL ASSESSMENTS

It has been addressed in the past but we can't stress enough the need to avoid disposing of wipes/towels in the toilet. Please use one ply toilet paper and do not dispose of anything else in the toilet other than that. This is one of the main reason why we have clogged pipes. Our pipes need to be treated with TLC. Please help.

WATER USAGE

Submitted by the MHCA Board of Directors

ater in Mission Hills is something we pay for as a part of our monthly COA fees. Only we, on an individual basis, can control how much or how little is used. We are hearing reports of people washing cars and cleaning patios using the "free" water. Well, it's not really free...we all pay for it one way or another.

Please be considerate of your neighbors. Use the local car wash for your vehicles, and use a broom or blower to clean your patios. We all need to be considerate in this regard to control our expenses.



CARAMEL APPLE DUMP CAKE

(A FACE BOOK RECIPE SUBMITTED BY HELEN J. STRUPCZEWSKI)

JUST A HAND FULL OF INGREDIENTS – DUMP THEM IN THE PAN AND IT TURNS OUT AMAZING!!!

INGREDIENTS

- x2 20 ounces cans apple pie filling
- 2 teaspoons ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1 1/2 cups Kraft caramels, unwrapped, and each cut in half
- 1 box dry yellow cake mix
- 1 cup plus 2 sticks butter, cut into 1/4 inch thick pats



INSTRUCTIONS

Preheat the oven to 350°F. Grease a 13×9 casserole dish with non-stick cooking spray and set aside.

In a medium mixing bowl, mix together apple pie filling, cinnamon, and nutmeg. Pour the apple mixture into the prepared pan and smooth out evenly.

Arrange the caramels over top of the apple filling. Evenly sprinkle the dry cake mix over the caramels.

Place the pats of butter evenly over the top of the whole dessert.

Bake the dump cake at 350F for 45 minutes, or until the top is lightly browned and the edges are bubbling.

Cool slightly before serving.

Men's Breakfast

Every Thursday 8:30am

3rd Thursday Each Month Games & Prizes

ATHENS Restaurant

226 Main St, Safety Harbor

Bored on Tuesday Nights?

Join the Euchre gang and play other games, such as Scrabble, Rummykub, and more. Bring a game and a friend!

Please join us for a few hours of fun and friendship.





Live Your Best Life! Healthier Living Workshop

Trained peer leaders

Gives you tools to live a healthier life

Supports self-management of ongoing health conditions such as arthritis, heart disease, diabetes, high blood pressure, lung disease, and cancer..

Sign up NOW for this Free six-week Chronic Disease Workshop Seniors aged 60 & up

October 23-December 4, 2023, Mondays, 1 x week, 2.5 hr. 1:30 –4:00pm in the clubhouse. Class-Thanksgiving week off

Mission Hills Condominiums Clubhouse, 1401 Mission Hills Blvd .Clearwater, FL 33759 Sign up at the Clubhouse or contact Terri for further inquiries:727-570-9696 x 160!

CHRONIC DISEASE MANAGEMENT PROGRAM BROUGHT TO YOU BY:







Over 60 and need reliable transportation? Call the caring, reliable staff from Neighborly for a no-cost ride.

GROCERY SHOPPING

O DINING

MALL MEDICAL APPOINTMENTS

Neighborly **Transportation** offers...

- Door service
- Courteous drivers
- Wheelchoir accessible buses

REQUIREMENTS:

- 60 and older **Pinellas County** resident
- Mimimum of 6 people needed to schedule group outing.

Neighborly Transportation drivers are:

- Trained in CPR and eldercare
- Extensively screened for elder safety



TAKE A RIDE WITH US

- Medical appointment transportation throughout Pinellas County
- **Neighborly Adult Day Centers** and Senior Cafés
- Group grocery and mall shopping, and other social outings within Pinellas County (6 or more people required)



All rides must be scheduled 2-7 days in advance. 5-day notice or more required for group trips. (scheduling during normal business hours only) Neighborly Transportation Office Hours: 8am-5pm

(727) 573-9444

Join us online: www.Neighborly.org

@NeighborlySeniorCare @Neighborly_Care



Terri Bolander

Admissions Director

Cell: 727-313-3540 Office: 727-724-6800 Efax: 727-287-3849

E: admissions@Harbourwoodhc.com

549 Sky Harbor Drive Building #31 Clearwater, FL 33759

harbourvoodhe.com

2970 SR 590

(OLD COACHMAN RD.)

CLEARWATER, FL 33759 Friday

Next to Johnny's Italian Restaurant sunday 727-722-7777

We honor all manufacture warranties* PUBLIC WELCOME

Store Hours:

Monday Tuesday Wednesday Thursday

9:30 am - 5:00 pm 9:30 am - 5:00 sm

10 am - 1:00 pm

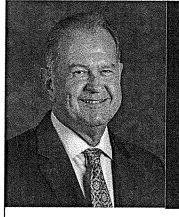




Mama The Cat Sitter

Bonnie-Jean Creais

mamathecatsitterllc@gmail.com 727-204-9720



Great home & auto rates for any budget.

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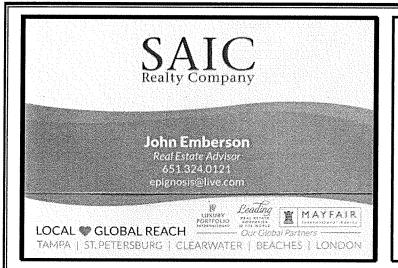


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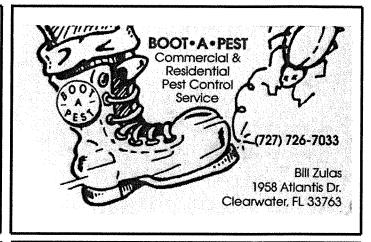
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